

St Hilary South East

St Hilary – The Garn – Llantrithyd – Llancarfan – Coed Arthur – Tre-Aubrey – St Hilary

8 miles / 3/4 hours / 830 feet ascent

Lots of stiles and gates

Mainly field paths and tracks, some country lanes



Overview

A circular walk from St Hilary to Llantrithyd and then Llancarfan, where there is a homely village pub

A surprisingly demanding long walk using paths that are good but not well known

Route information

Start/Finish The Bush Inn, St Hilary / Grid reference ST 016733
Pub stop Fox and Hounds, Llancarfan: www.fandhillancarfan.co.uk 01446 781287
Distance: 8 miles
Time: 3/4 hours
Highest point: 330 feet / 100m
Lowest point: 50 feet / 15m
Total ascent: 830 feet / 250m
Map: OS Explorer 151 1:25,000

Notes

- This map can be downloaded as a pdf file from www.sthilary.org.uk/walks/southeast - on your laptop/PC or smartphone
- Details of all the routes from St Hilary and advice are on the website www.sthilary.org.uk/walks
- There can be bramble/nettles on some stiles, so secateurs are useful
- An OS map or the OS app is highly recommended – don't just rely on this guide
- Email info@sthilary.org.uk if there are any errors in the instructions or problems on the route
- Disclaimer: you undertake these walks at your own risk – take great care when crossing roads and on the lanes

Directions: part 1 – St Hilary to Llanccarfan

1. Facing the main entrance of the Bush, turn to the right (ie out of the village), passing the church on the right and Church Crescent on the left for about 300m - at the crossroads after Church Crescent and immediately after Little Hall Cottage (on your right), turn right down a very short lane – about 25m; at the end, opposite a pill box and the entrance to the Manor House, turn left; after 25m turn right down the lane by the post box and telephone box towards Llantrithyd (short version: go down the telephone box lane!)
2. After about 1 km go past the entrance to Coed Hills Farm – private drive – then up a short incline – the entrance to Coed Hills Art Space is on the right - you are most welcome to visit Coed Hills Art Space (unless there is a sign to the contrary)
3. After a further 600m, straight on at the T junction at The Garn Farm (1.5 km from St Hilary) following the sign for Llantrithyd
4. After 300m, go through/over gate on the left on the apex of the bend – head diagonally downhill across the field aiming 50m to the right of the far left corner to a gate hidden by a bank – if the field is overgrown you can walk around the edge (either left then down, or down then left)
5. Through gate in the hedge into the grounds of Llantrithyd House, head diagonally left up to the corner, passing a water trough on the left
6. Through the gate, then turn right behind the outbuildings – after 30m, turn left into open field, and follow the left hand hedge over several stiles
7. Eventually you will approach a house - the path goes through the grounds to the left of the house, turn right onto lane
8. Straight across crossroads in the centre of Llantrithyd (it's a very small centre!)
The church and priory ruins, which are on the right, are worth a short detour
9. Follow the road keeping to the left, passing "Brook Cottage" on the right. After 75m, at "Twin Pines" take the footpath to the right
10. After a short distance go through a gap in the hedge, then head uphill for the far top corner of the field
11. Over the stile, turn right up the lane – at the main road, turn right, keeping on the grass verge
12. After 650m take the track on the left
13. At the farm, turn right into yard and follow fence on left – over the stile and down the track (if the path is overgrown, go over/through the gate to the right of the stile then keep to the left hand hedge downhill moving left onto the track about $\frac{3}{4}$ of way down)
14. At Llanvithyn Farm (the front entrance is interesting), turn right along a track alongside the garden on the left, take a straight line over stile at the end
15. Over some stiles then slightly uphill and left through an open gateway – turn right
16. At the stile before Gowlog House turn left and go downhill
17. Over several stiles and gates, basically following a sort of straight line towards Llanccarfan
18. Just before the Llanccarfan lane there is a gate, with track in front - do **not** go over gate, go to right of gate, keeping hedge on left then through the gate at end of field, by side of a house – turn right onto lane towards Llanccarfan
19. Look out for ford on left, cross stream using footbridge, walk round to right, recrossing stream at 2nd ford, turn left towards Fox & Hounds
20. Cross the bridge at the rear of Fox & Hounds into public car park, cross the bridge in the corner into the churchyard, admire the church, go through gate in corner of churchyard to go past front (or into!) Fox & Hounds

If you are so inclined, have a pint and/or a snack in the pub and then follow the directions on the next page to get back to St Hilary

Directions: part 2 – Llancarfan to St Hilary

21. Turn right out of the Fox and Hounds and go back up the lane and re-enter the field (18) – do not go to the right – go uphill aiming slightly left (bit of a lungbuster) and over stile
22. Head towards the treatment works, over stile, keep to right hand hedge and through some gates keeping treatment works on left
23. Cross main road and go down the lane slightly to the right, signposted Treguff
24. After 300m (50m before Treguff sign) turn into field on right through a wooden structure into a gallop – over stile on right and keep to right hand hedge
An alternative here is to follow the lane back to St Hilary via Treguff
25. When the hedge turns right, continue straight on, bearing slightly right towards a gap in the bottom corner of the field
26. Through the gap and over a stile on the right, head downhill and climb over metal gate into the wood – Coed Arthur
27. Enter Coed Arthur, following track downhill (do not take any paths on the right)
28. Through the gate at the end of the wood, aim for the gap to the left of the pylon opposite
29. Through the gap – take the line of St Hilary mast, over 2 stiles and then through another gap
30. Head for apex of house opposite (do not go over stile about 100 yards before house), go over stile by the side of the house and turn left down driveway to lane
31. Turn left onto lane – take c31 steps, and you'll see a grid on the right, 5 steps further on, cross well hidden footbridge and stile on the right
32. Bear right aiming initially for apex of hedge on right and then the chimney of the house in the distance
33. Over stile, then aim for the gap between the two houses
34. Through gate, turn left and follow lane back to St Hilary and a well earned pint in the Bush!

Path 

Lane 

There are three versions of the map on the following pages:

- The first has directions
- The second is less messy with just the numeric reference to these directions
- The third is a simplified version based on the standard OS view

2 Follow the lane, past Coed Hills Farm entrance – if you want to, turn right after a further 100 yards into the Arts Space

Bush

3 Straight on at "The Garn" following sign for Llantrithyd

4 After 300yds, go through gate on apex of bend – head diagonally across field aiming 50 yards to right of the far corner to a gate hidden by a bank

6 Through gate, turn right behind outbuildings. After 30 yards, turn left into open field, follow the left hand hedge

7 The path goes through the grounds to the left of the house, turn right onto lane

8 Straight across crossroads

9 Follow the road to the left, passing "Brook Cottage" on the right. After 75 yards, at "Twin Pines" take the footpath to the right

10 Through gap in hedge, then head for the far top corner of the field

11 Over the stile, turn right up the lane. At main road, turn right, keeping on the grass verge

12 After 650m take the track on the left

13 At farm, turn right into yard and follow fence on left – over the stile and down the track (if path is overgrown, go through gate to the right of the stile following left hand hedge, downhill – moving left onto the track about ¼ of way down)

15 Stiles then open gateway

16 At the stile before Gowlog House turn left downhill

14 At Llanvithyn Farm (the front entrance is interesting), turn right along a track alongside the garden, take a straight line over stile at the end

17 Over several stiles and gates

18 Gate, with track in front. Do not go over gate, go to right of gate, keeping hedge on left then through the gate at end of field, by side of a house – turn right onto lane

22 Keep treatment works on left, then track

19 Look out for ford on left, cross stream using footbridge, walk round to right, recrossing stream at 2nd ford. Turn left towards Fox & Hounds

F&H

20 Cross the bridge at the rear of Fox & Hounds into public car park, cross the bridge in the corner into the churchyard. Go through gate in corner of churchyard to go past front (or into!) Fox & Hounds

21 Go back up the lane and re-enter the field (18) – do not go to right – go uphill aiming slightly left (bit of a lungbuster) and over stile

23 Cross main road and go down lane opposite slightly right, signposted Treguff

24 After 300 yards (50 yards before Treguff sign) turn into field on right through a wooden structure into a gallop. Over stile on right and keep to right hand hedge An alternative here is to follow the lane back to St Hilary

25 When the hedge turns right, continue straight on, bearing slightly right towards gap in bottom corner of field

26 Through the gap and over stile on the right, head downhill and climb over metal gate into the wood

27 Enter Coed Arthur, following track downhill (do not take any paths on the right)

28 Through gate at end of wood, aim for the gap to the left of the pylon opposite

29 Through the gap – take the line of St Hilary mast, over 2 stiles and then through another gap

31 Turn left onto lane. Take c31 steps, and you'll see a grid on the right, 5 steps further on, cross well hidden footbridge and stile on the right

32 Bear right aiming initially for apex of hedge on right and then the chimney of the house in the distance

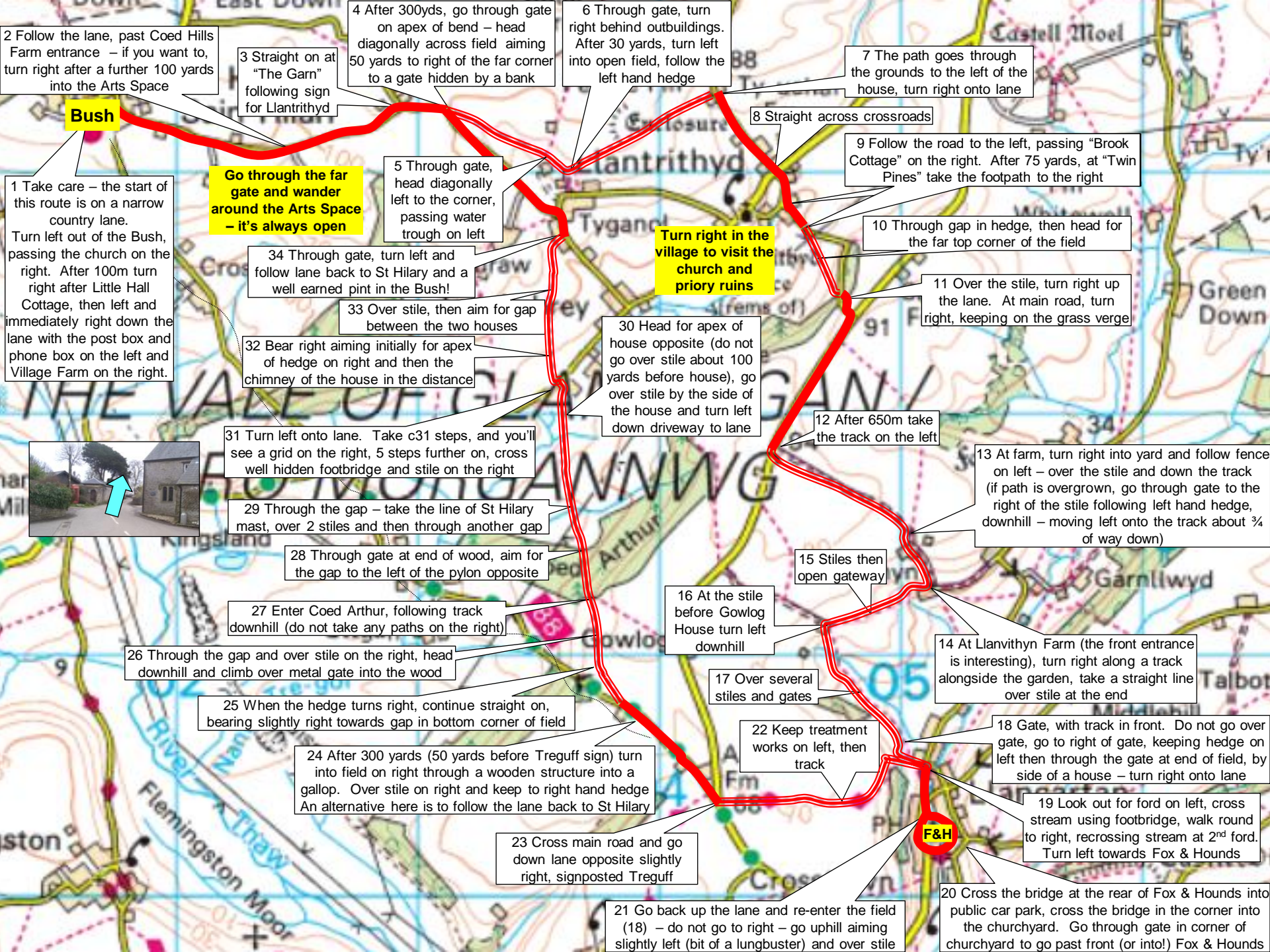
33 Over stile, then aim for gap between the two houses

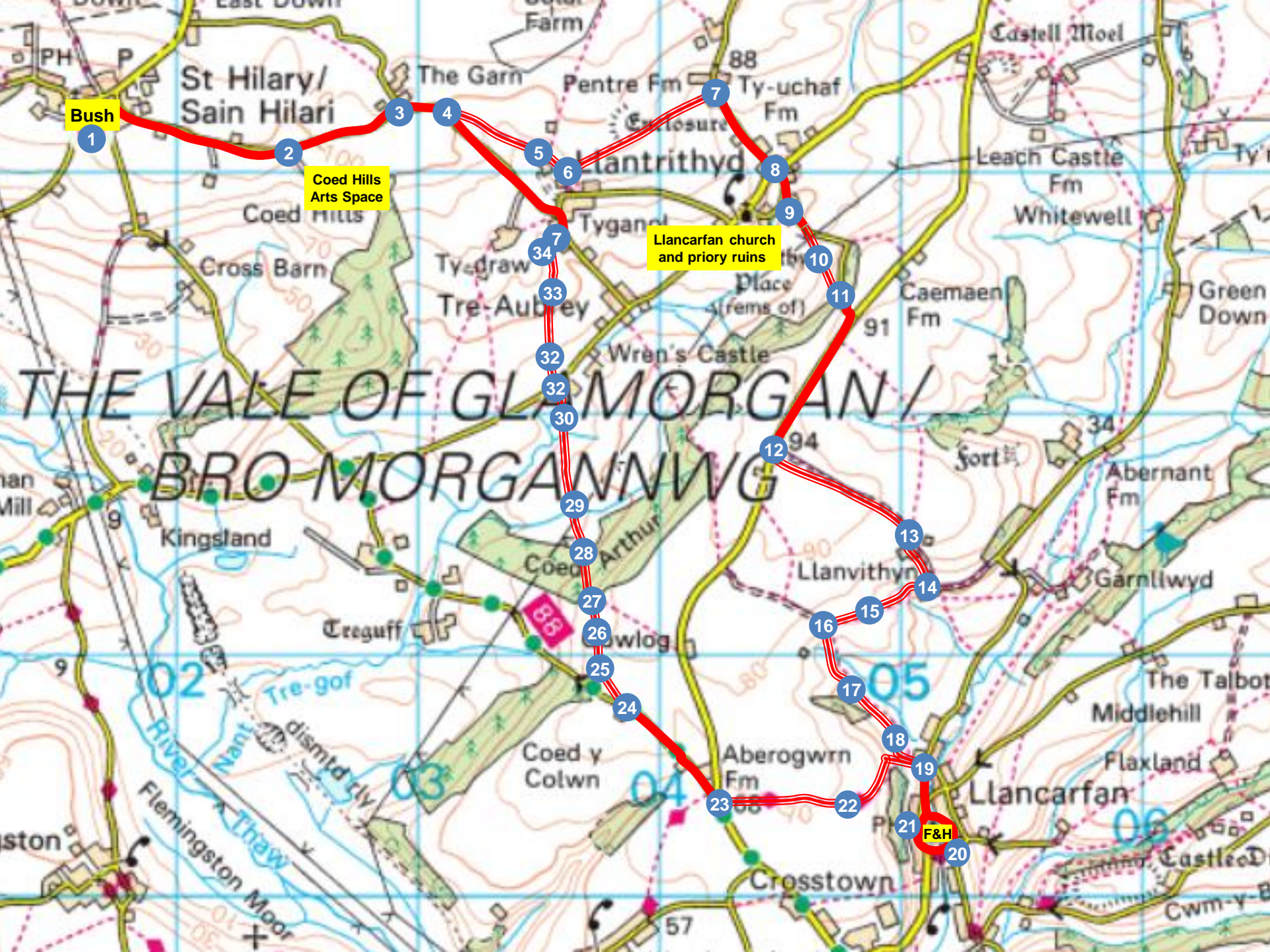
34 Through gate, turn left and follow lane back to St Hilary and a well earned pint in the Bush!

5 Through gate, head diagonally left to the corner, passing water trough on left

Go through the far gate and wander around the Arts Space – it's always open

1 Take care – the start of this route is on a narrow country lane. Turn left out of the Bush, passing the church on the right. After 100m turn right after Little Hall Cottage, then left and immediately right down the lane with the post box and phone box on the left and Village Farm on the right.





Bush

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Coed Hills Arts Space

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Llancaiach church and priory ruins

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THE VALE OF GLAMORGAN / BRO MORGANNING

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Coed y Colwn

Aberogwrn Fm

Llanvithyn

Garnllwyd

Kingsland

Coed Arthur

Sort

Abernant Fm

Tre-Aubrey

Place (rems of)

Caemaen Fm

Cross Barn

Ty-draw

Tyganol

Whitewell

St Hilary / Sain Hilari

The Garn

Pentre Fm

Ty-uchaf Fm

Castell Moel

Leach Castle Fm

Ty'r

Llantrithyd

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Cwm-y-B

Castle D

Flaxland

The Talbot Middlehill

Tre-gof

Nant-tre-gof

River

Flemingston Moor

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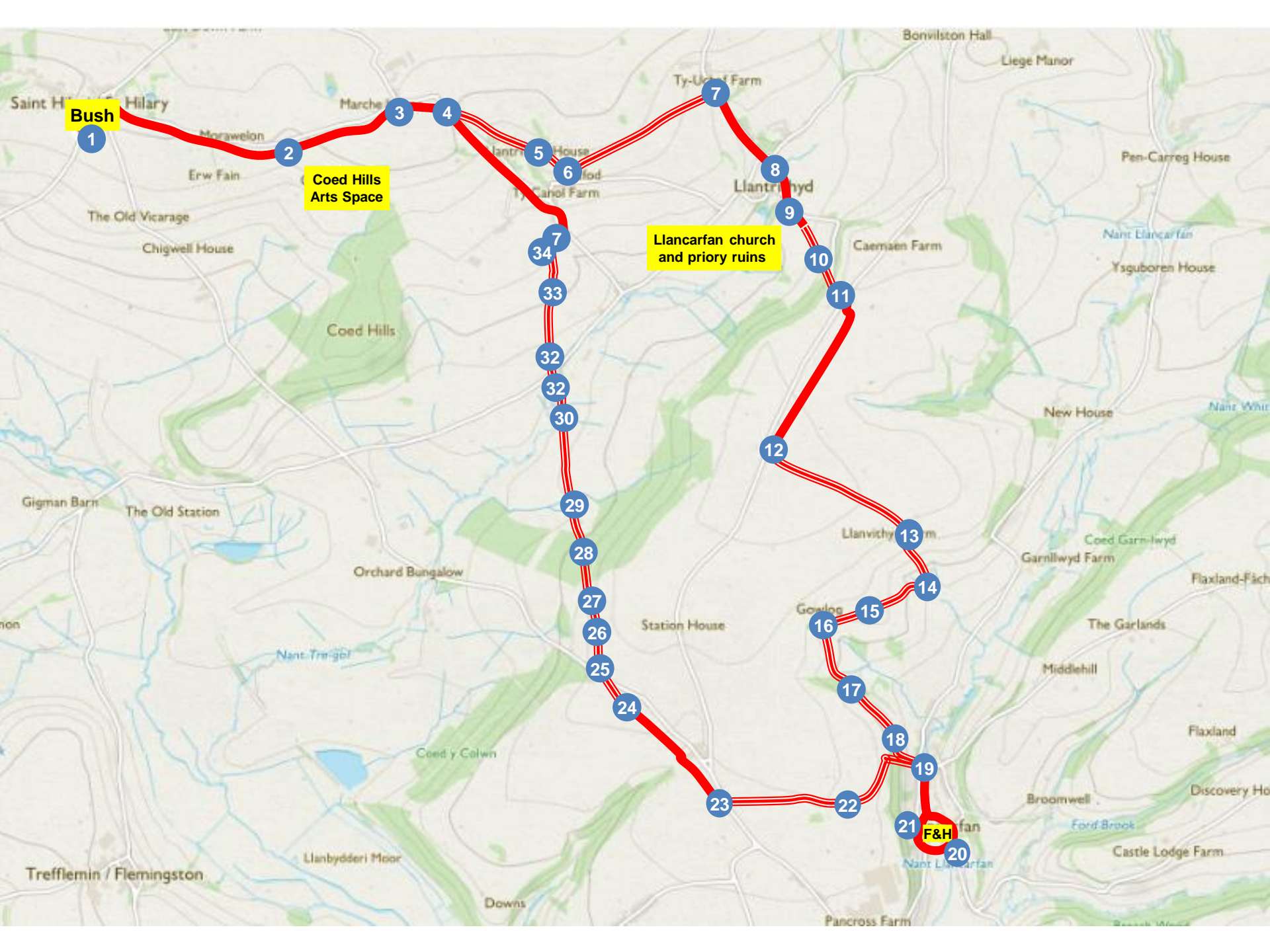
02

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Bush

1

Coed Hills Arts Space

2

Llantrihyd church and priory ruins

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F&H

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