

# St Hilary South-West

St Hilary – Llanblethian – Sigingston – Llanmihangel – Llandough – St Hilary  
8 miles-13km / 3-4 hours / 720 feet-220m ascent

All well marked lanes, tracks and paths; gentle uphill at finish

Minor boggy factor if very wet, minimal road walking but about 100m on a fast and narrow lane with no path

## Overview

Quiet valley track, meadowland, the byways of Llanblethian, a hidden ridge, the Victoria Inn in Signinstone, the splendour of Plas Llanmihangel and its Church, the lanes of Llandough then a peaceful vale walk back to the Bush Inn

## Route information

Start/Finish	The Bush Inn, St Hilary / Grid reference ST 016 733
2 pub stops	<a href="#">The Bush</a> / <a href="#">The Victoria Inn</a> , Sigingstone 01446 773943
Distance	8 miles / 13 km
Time	3-4 hours
Highest point	420 feet / 220m
Lowest point	70 feet / 20m
Total ascent	720 feet/220m
Map	OS Explorer 151 1:25,000



## Notes

- This map can be downloaded as a pdf file from [www.sthilary.org.uk/walks/south-west](http://www.sthilary.org.uk/walks/south-west) - on your laptop/PC or smartphone
- Details of all the routes from St Hilary and advice are on the website [www.sthilary.org.uk/walks](http://www.sthilary.org.uk/walks)
- There can be bramble/nettles on some stiles, so secateurs are useful
- An OS map or the OS app is highly recommended – don't just rely on this guide
- Email [info@sthilary.org.uk](mailto:info@sthilary.org.uk) if there are any errors in the instructions or problems on the route
- Disclaimer: you undertake these walks at your own risk – take great care when crossing roads and on the lanes

## Directions: part 1 – St Hilary to Sigingston (6.5m)

1. Facing the main entrance of the Bush, turn to the left, round the corner to the right and down the lane
2. Ignore the “No Through Road” sign at the derestricted speed sign after 200m – only applies to vehicles
3. At the “Private Road” sign after a further 400m, take the track to the right up into the woods (opposite the Coach House drive on the left) and then left through the woods parallel with the lane
4. The path drops down to a stile, turn left into the field then through a gate and right onto the farm track
5. At the end of the track (1.2 km) cross the main road – take care – and through the gateway and onto a track leading to the waterworks (don’t go over the home made stile on the right) – keep on the short track and just before the waterworks go right though a double gate
6. Follow the stream on the left to a footbridge in 400m
7. Cross the footbridge and turn right and continue with the stream on the right for 500m over three stiles and eventually through a (sometimes muddy) paddock and then turn left onto the road
8. At the junction 100m past the Village Hall carry straight on past Belgrave house into Factory Road
9. After 300m where the road turns sharp right (and over a ford), turn left up a track which becomes a path
10. Follow the tree-lined path which levels out and then through a kissing gate on the left (where there is a gate in front)
11. Up through woodland – the path ends at a stile at an open field, go straight across field bearing slightly to the right (30°)
12. Through a kissing gate and diagonally across field (45° left) – you are on a flat ridge with lovely panoramic views
13. Through a kissing gate, then in 20m 2 more stiles and right into the field for 20m, over 4<sup>th</sup> stile, keep to right hand fence / hedge
14. Over the stile, then diagonally left across field (50° left) – the stile is around the mid-point of the far left-hand hedge
15. Over the stile, then keeping the same diagonal line across the field, aim for the far corner  
[If the field is overgrown, follow the left-hand hedge and then right at the bottom]
16. Over the stile, keep to left hand hedge
17. Over 2 stiles, straight across both fields, over 3<sup>rd</sup> stile and then aim for far left hand corner of field
18. Over the stile, cross the lane 20m to the left onto a path, which leads to a gate, keep to left hand hedge
19. Over 2 stiles, then left onto lane (the stile is to the right of the barn), passing (or stopping!) at the Victoria Inn

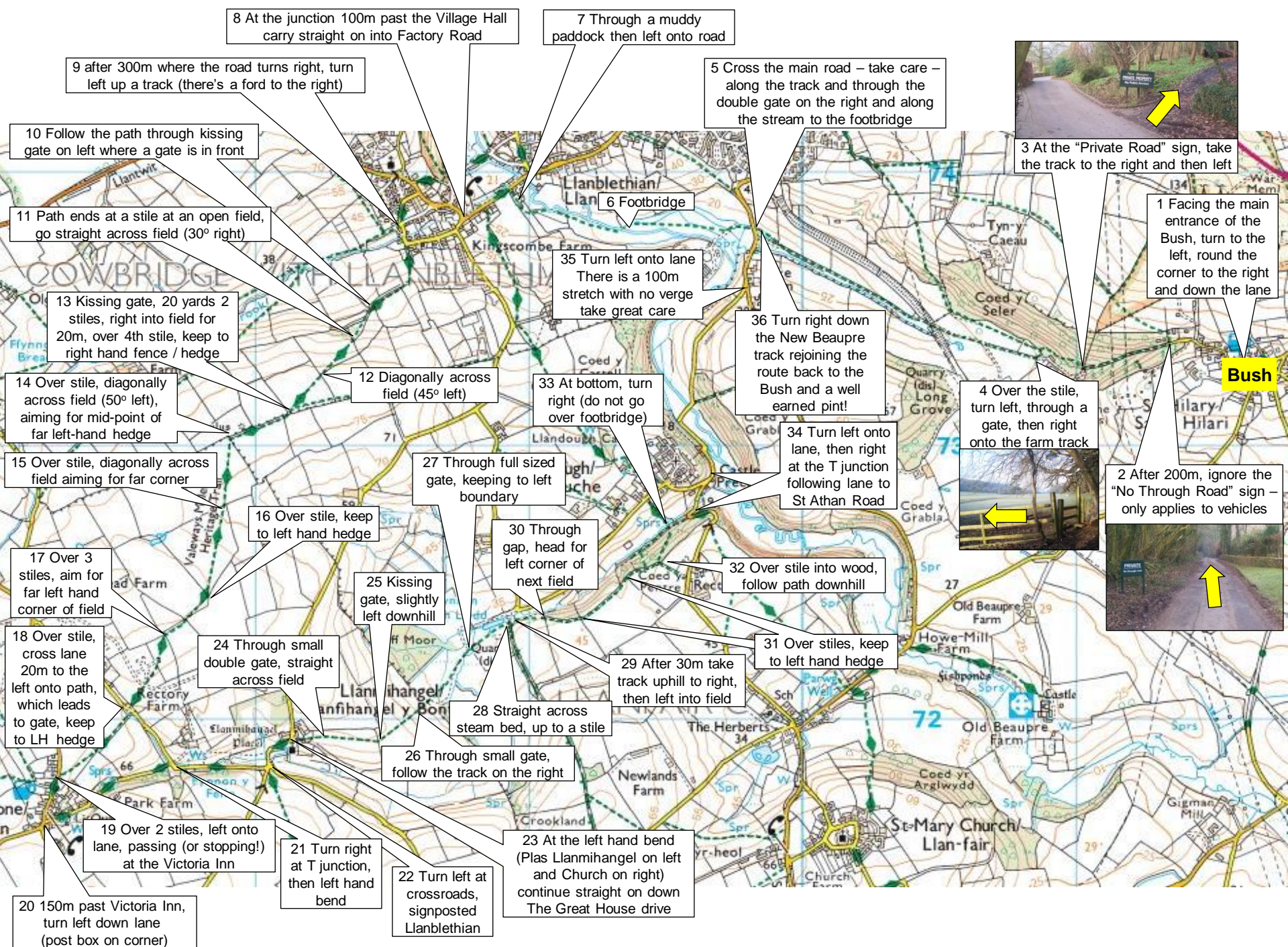
## Directions: part 2 – Sigingston to St Hilary (6.5km)

20. 150m after the Victoria Inn, turn left down the lane past the post box on the corner and Cross Farm opposite
21. At the T junction in 500m, turn right, past Llanmihangel sign, then round a left hand bend
22. In about 350m turn left at the crossroads, signposted Llanblethian up to [Plas Llanmihangel](#) House
23. At the left hand bend (Llanmihangel on left and Church on right) continue straight on down The Great House drive
24. Through a small double gate then take a straight line across the field to a kissing gate
25. In the next field go downhill ever so slightly to the left
26. Through a wooden gate and after 30m turn right onto a track which then curves left then right
27. Through a gate and over a wooden bridge to some waste land, keep straight on following the left boundary
28. After passing through a copse, straight across the stream bed to the short path opposite which climbs right to a stile
29. Over the stile and follow path to the left, after c30m take the track uphill to the right, and then left into a field
30. Keep the hedge on the left, as it curves right, turn left through a gap and then head for left hand corner of next field
31. Over 2 stiles, keeping to left hand hedge
32. 150m after 2<sup>nd</sup> stile and before the Rectory, go over a stile on the left into the wood, follow the path downhill
33. At the bottom, turn right (do not go over footbridge)
34. Turn left onto the lane, then right after 175m at the T junction following the lane for 900m to the St Athan Road
35. Turn left onto lane – there is a 100m stretch with no verge so take great care
36. After 200m, turn right to take the New Beaupre Farm track over a dilapidated cattle grid – retracing your steps
37. After 1.2km, just before New Beaupre House, take the gate on the left and then up to the corner of the field, over a stile and follow the clear path through the woods which runs parallel to the lane/track
38. At the end, drop down to the right then left to rejoin the track, and follow it back to the Bush and **a well earned pint**

Note: a shorter circular route, which avoids retracing the track back into St Hilary is to park outside Llanblethian Village Hall (point 8 on previous page) and at the New Beaupre Farm track turn left, not right (point 36 above) and follow the route from point 5 – 9km in total. You can do the same circular route from Sigingston (point 19).

There are three versions of the map on the following pages:

- The first has directions
- The second is less messy with just the numeric reference to these directions
- The third is a simplified version based on the standard OS view



8 At the junction 100m past the Village Hall carry straight on into Factory Road

7 Through a muddy paddock then left onto road

5 Cross the main road – take care – along the track and through the double gate on the right and along the stream to the footbridge



3 At the "Private Road" sign, take the track to the right and then left

9 after 300m where the road turns right, turn left up a track (there's a ford to the right)

6 Footbridge

10 Follow the path through kissing gate on left where a gate is in front

35 Turn left onto lane There is a 100m stretch with no verge take great care

11 Path ends at a stile at an open field, go straight across field (30° right)

1 Facing the main entrance of the Bush, turn to the left, round the corner to the right and down the lane

**Bush**

13 Kissing gate, 20 yards 2 stiles, right into field for 20m, over 4th stile, keep to right hand fence / hedge

12 Diagonally across field (45° left)

36 Turn right down the New Beaupre track rejoining the route back to the Bush and a well earned pint!

14 Over stile, diagonally across field (50° left), aiming for mid-point of far left-hand hedge

33 At bottom, turn right (do not go over footbridge)



4 Over the stile, turn left, through a gate, then right onto the farm track

15 Over stile, diagonally across field aiming for far corner

27 Through full sized gate, keeping to left boundary

34 Turn left onto lane, then right at the T junction following lane to St Athan Road

16 Over stile, keep to left hand hedge

30 Through gap, head for left corner of next field

32 Over stile into wood, follow path downhill

17 Over 3 stiles, aim for far left hand corner of field

25 Kissing gate, slightly left downhill

31 Over stiles, keep to left hand hedge

24 Through small double gate, straight across field

29 After 30m take track uphill to right, then left into field

18 Over stile, cross lane 20m to the left onto path, which leads to gate, keep to LH hedge

28 Straight across steam bed, up to a stile

26 Through small gate, follow the track on the right

21 Turn right at T junction, then left hand bend

22 Turn left at crossroads, signposted Llanblethian

23 At the left hand bend (Plas Llanmihangel on left and Church on right) continue straight on down The Great House drive



2 After 200m, ignore the "No Through Road" sign – only applies to vehicles

19 Over 2 stiles, left onto lane, passing (or stopping!) at the Victoria Inn

20 150m past Victoria Inn, turn left down lane (post box on corner)



