# St Hilary North East

St Hilary – The Garn – Llantithyd House – Tair Onen – Hensol Woods – Hensol Lake – Welsh St Donats – Stalling Down – St Hilary Down – The Clump – St Hilary 8 miles-13km / 3-4 hours / 650 feet-200m ascent A few stiles and gates About half on good paths and tracks – the rest on quiet country lanes

#### Overview

A moderate longish walk with good views, little used paths, a 360° vista, a hidden lake and lots of forest/woodland walking

## **Route information**

Start/Finish	The Bush Inn, St Hilary / Grid reference ST 016 733
Pub stop	The Bush
Distance	8 miles / 13 km
Time	3-4 hours
Highest point	420 feet / 130m
Lowest point	200 feet / 60m
Total ascent	650 feet/200m
Мар	OS Explorer 151 1:25,000



### Notes

- This map can be downloaded as a pdf file from <u>www.sthilary.org.uk/walks/north-east</u> on your laptop/PC or smartphone
- Details of all the routes from St Hilary and advice are on the website www.sthilary.org.uk/walks
- There can be bramble/nettles on some stiles, so secateurs are useful
- An OS map or the OS app is highly recommended don't just rely on this guide
- Email info@sthilary.org.uk if there are any errors in the instructions or problems on the route
- Disclaimer: you undertake these walks at your own risk take great care when crossing roads and on the lanes

## Directions: part 1 – St Hilary to Welsh St Donats (9km)

- 1. Facing the main entrance of the Bush, turn to the right (ie out of the village), passing the church on the right and Church Crescent on the left for about 300m at the crossroads after Church Crescent and immediately after Little Hall Cottage (on your right), turn right down a very short lane about 25m; at the end, opposite a pill box and the entrance to the Manor House, turn left; after 25m turn right down the lane by the post box and telephone box towards Llantrithyd (short version: go down the telephone box lane!)
- After about 1 km go past the entrance to Coed Hills Farm private drive then up a short incline the entrance to Coed Hills Art Space is on the right - you are welcome to visit Coed Hills Art Space (unless there is a sign to the contrary) About 1.5km from St Hilary, continue straight on at the T junction at The Garn Farm following the sign for Llantrithyd
- 3. After a further 300m, go through/over gate on the left on the apex of the bend head diagonally downhill across the field if the field is overgrown walk around the edge (either left then down, or down then left)
- 4. At the bottom of the field, clamber up the raised earthwork and follow the track to the left into a field
- 5. Walk up the field keeping to the right hand edge
- 6. Over a stile and then through a gap, keeping the hedge on your right
- 7. At the A48, cross straight over (be careful) and down the lane opposite
- 8. At the crossroads after 500m, go straight across
- 9. At the T junction, a further 600m, turn right passing Bonvilston House
- 10. After a further 300m turn left, past a green single bar barrier, and follow a clear track through the forest
- 11. Through the forest and then a gate into a field go straight up to the highest point of the field enjoy the 360° view, then turn 90° left for the gate on the left (You can follow a path from the gate opposite but it can be very overgrown in Summer it brings you out at point 13)
- 12. Through the trees then turn right onto the lane
- 13. Where the road bears left after 500m, continue straight on following the track into the woodland continue straight on, don't take the track to the left
- 14. You will arrive at the outflow of the lake, cross, then follow the track on the left around the north bank
- 15. The path goes through the woods to a lane cross the lane and take the woodland track opposite [May 2020: trees had been felled near the lane, but there was still a clear path]
- 16. Continue through Hensol Forest and after 600m, cross a lane and continue along the forest track opposite
- 17. At the car park at the end of the track (700m), turn left onto a lane for Welsh St Donats
- 18. Just before the village, after 600m, take the lane on the right, passing the church and arriving at a crossroads

## Directions: part 2 – Welsh St Donats to St Hilary (4km)

- 19. In the centre of Welsh St Donats go straight across at the crossroads, past the bus shelter taking the lane/track opposite
- 20. After 1.3km, where the track bears right, go over the stile on the left [May 2020 there was no stile, just open space]
- 21. Over the stile at the bottom of the field, cross the track and then turn right onto the path which is parallel with the track

[May 2020 - there was a ditch in front of the track]

- 22. After 400m over a stile then into the field and head for the top left hand corner Alternatively, take the path uphill along the right hand edge of the wood – it comes out at Hollybush Farm
- 23. Through the gate at the top of the field, follow the fence on the right towards Hollybush Farm keep to the left hand side of the farm outbuildings, to the front of the farm
- 24. Take the main farm track for about 100m and then take the path on the left as the track opens out towards the A48
- 25. Follow the path to reach the A48 the last few yards involves a faint path through some bracken and cross the A48 it is a very fast road, take great care [The narrow path to the left just before the A48 will bring you out opposite the Bryn Owain but it is not a right of way]

Take great care when reaching the A48 – it is a very fast road – cross with great care to a path on the opposite side by the right hand edge of a house, then through the trees/bracken of St Hilary Down to arrive at the Roman Road

26. Turn right to reach The Clump after about 400m www.sthilary.org.uk/history/clump

27. Turn left at The Clump following the track downhill to St Hilary and a well earned pint at The Bush

Path	
Lane	

There are three versions of the map on the following pages:

- The first has directions
- The second is less messy with just the numeric reference to these directions
- The third is a simplified version based on the standard OS view





