

St Hilary to Cowbridge: 4 routes

1.8 miles/2.9 km to 2.9 miles/4.7 km – 40 minutes to 1¼ hours – Easy – 2 pub stops
Good paths, tracks and roads

Overview

4 routes from St Hilary to Cowbridge – they can be combined for circular routes

Route information

Start The Bush Inn, St Hilary / grid reference ST 016 733

Finish Cowbridge Town Hall / grid reference ST 995 745

Distances: 1.8 miles / 2.9 km to 2.9 miles / 4.6 km

Routes:

- A St Hilary Down – Roman Road** Good track, Roman road then road to Cowbridge 1.8 miles 40 min
- B St Hilary Down – Stoneacre** Good track, open land, fields then clear path to Cowbridge 1.9 miles 40 mins
- C New Beaupre – Stoneacre** Lane, fields then clear path to Cowbridge 1.9 miles 40 mins
- D New Beaupre – Llanblethian** Lane, track, fields, lanes, good path to Cowbridge 2.9 miles 1 hour 15 mins

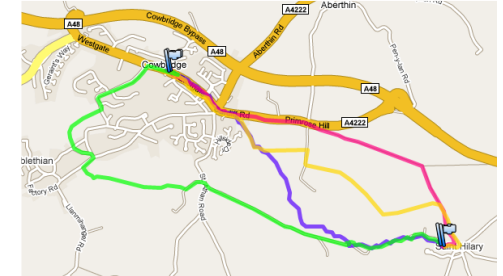
Pub/cafe stops: Bush Inn / lots of choice in Cowbridge

Start point: 330 feet / 100m

Finish point: 80 feet / 25m

Total ascent: Varies

Map: OS Explorer 151 1:25,000 or the OS app



Notes

- This map can be downloaded as a pdf file from www.sthilary.org.uk/walks/sthilary-cowbridge on your laptop/PC or smartphone
- Details of all the routes from St Hilary and advice are on the website www.sthilary.org.uk/walks
- There can be bramble/nettles on some stiles, so secateurs are useful
- An OS map or the OS app is highly recommended – don't just rely on this guide
- Email info@sthilary.org.uk if there are any errors in the instructions or problems en route
- Disclaimer: you undertake these walks at your own risk - take great care when crossing roads and on the lanes

Directions

A: St Hilary Down – Roman Road

1.8 miles / 2.9 km 40 minutes

1. As you face the main entrance of the Bush turn to your right (passing the church on the right and Church Crescent on the left) for about 300m
2. At the crossroads after Church Crescent take the track to the left, up to St Hilary Down to The Clump at the top
3. At The Clump, turn left and follow the Roman road downhill to join the road into Cowbridge (Primrose Hill)

B: St Hilary Down – Stoneacre

1.9 miles / 3.1 km 40 minutes

- 1 & 2: as walk A on the left but don't go all the way to The Clump
3. As the track opens onto the Downs, turn left aiming about 50m to the left of the far electricity pylon
4. Through the gate to the left of the pylon, keeping to the hedge on the right to the end of the field
5. Through the gate on the right, turn left keeping the hedge on the left, keep a straight line over/through two stiles/gaps
6. Through the gate at the lane opposite Stoneacre House, turn right
7. After 100m go over the stile on the left
8. Keep the hedge on the right to the end
9. Over stile in corner of field (joining walk C), turn right, follow path to the main road turning left (Primrose Hill) towards the traffic lights and into Cowbridge

C: New Beaupre – Stoneacre

1.9 miles / 3.1 km 40 minutes

1. As you face the main entrance of the Bush turn to your left downhill, out of the village
2. Follow the lane downhill passing the derestricted speed sign(!)
Note: The "No Through Road" sign only applies to vehicles
3. Near the bottom of the lane, opposite the Coach House entrance, and at the "Private Road" sign, take path to the right
4. Follow the path through the woods, parallel to the lane, eventually dropping down to a stile
5. Over the stile and keep right, following edge of the wood
6. Over another 3 stiles then, as the wood ends, up a steep bank, into a field, then head for the stile in the middle of the hedge
7. Keep the same line through a gap in the far hedge, then head for the far corner of the next field
8. Over the stile in corner of field (joining walk B), turn right, follow path to the main road turning left down (Primrose Hill) towards the traffic lights and into Cowbridge

D: New Beaupre – Llanblethian

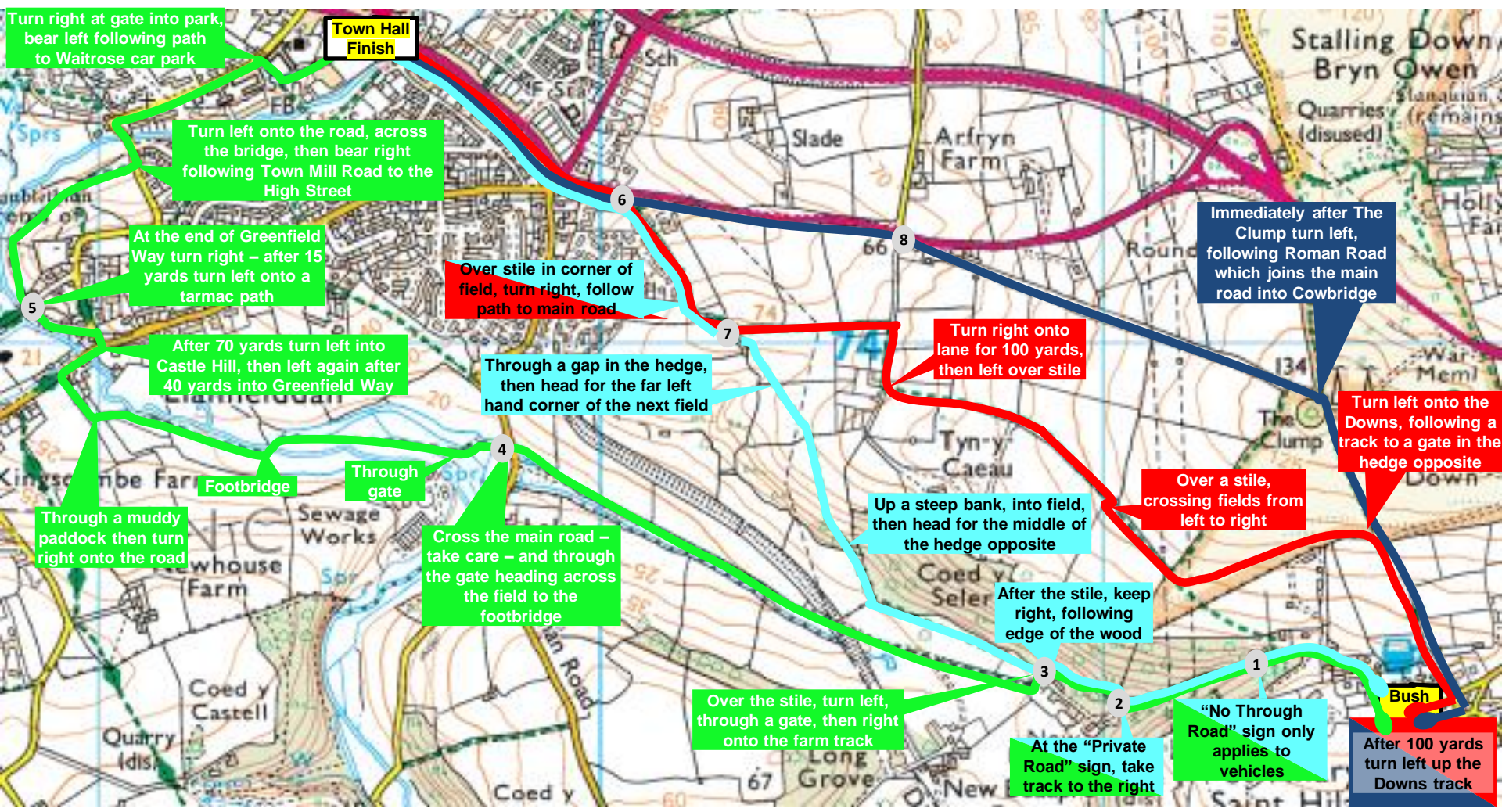
2.9 miles / 4.7 km 1 hour 15 minutes

- 1 to 4: as walk C on the left
5. Over the stile, turn left, through a gate, then turn right onto the farm track
6. At the end cross the main road – take care – and through the gate opposite, follow track to double gate on right, then follow the stream to the footbridge
7. Over the footbridge, turn right to follow the path by the stream
8. Over three more stiles to the lane in Llanblethian
9. Turn right and after 70m turn left into Castle Hill, then left again after 40m into Greenfield Way
10. At the end of Greenfield Way turn right – after 15m turn left onto a good tarmac path which skirts St Quentin's Castle
11. At the end of the path turn left onto the road, across the bridge, then sharp right following Town Mill Road towards High Street
12. Just before the old town gate/wall, turn right into park, then bear left following path to Waitrose car park

St Hilary – Cowbridge: Point to Point Walks

All directions are from St Hilary – the routes are easily reversed – photos 6, 7 & 8 show decision points if travelling from Cowbridge

- New Beaupre / Llanblethian 2.9 miles
- New Beaupre / Stoneacre 1.9 miles
- The Downs / Stoneacre 1.9 miles
- The Downs / Roman Road 1.8 miles



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